



DR. AFZALI

# CASE STUDIES

[www.doctorafzali.com](http://www.doctorafzali.com)



# MEET DR. AFZALI

## Functional Dentist

Hello! My name is Azadeh Afzali and I am a functional dentist, expert in holistic non-invasive, non-surgical orthopedic / orthodontics.

As a child, I experienced a very traumatic dental experience with a lingering painful effect which haunted me for a long time. This experience led me to gain a real sense of the importance and the necessity of becoming the best version of myself. This meant becoming a caring, expert with a focus on using non-invasive dental techniques.

Whether you're suffering from crooked teeth, TMJ, sleep apnea, or other sleep or dental problems -- my team and I can support you through the process in the least invasive way possible!

This book contains just a few of my many cases. I hope you can find inspiration from them.

If you have any questions at all, feel free to reach out to me through social media or one of my offices. I'd be delighted to meet you!

Connect with me on social media [@doctor.afzali](#)



**FASTBRACES®  
CASE STUDY**

# DEBBIE

**Intro by Dr. Afzali**

I met this smart and beautiful seventeen year-old, who was bothered by her smile.

The gap between her front teeth was her major concern. She didn't want to smile to avoid showing her teeth. She wanted to do braces but wanted it to be fast.

So I spent some time with both her and her mom. I shared my concerns about her upper canines not functioning, the slight restriction of the upper in the canine and first premolar area on both sides as well as gaps between some teeth.

I talked with them about the Fastbraces approach and why I wanted to use that technique and how it could help her get results in a shorter amount of time.

She was excited to start and I was happy to help her. Her treatment time was 165 days with excellent results.

*"I have more confidence when I smile now. And I don't hide anymore when I take pictures."* -- Debbie

TREATMENT TIME:  
**6 MONTHS**



## BEFORE



- Gaps between some teeth.
- Upper canines not functioning .
- A slight restriction of the upper in the canine and first premolar area on both sides.

## AFTER





**FASTBRACES®  
CASE STUDY**

**KAYLA**

**Intro by Dr. Afzali**

The greatest reward and satisfaction for me is on completion day, when we remove the braces and see a transformation that goes beyond a beautiful smile.

The first time I met Kayla, I was deeply touched by her frustrations about surgery being her only option. I took this case on knowing the challenges I had in front of me and I shared my concerns with the patient. I wanted to give her all the facts rather than a promise of an easy fix. In fact, I did not make a promise of results, but instead a promise that I will use all of my knowledge, expertise and passion to help her. Indeed, I believe my passion was a major factor in the success of this seemingly impossible case.

At the end of the day, our beliefs guide us to a path which then becomes our truth. My belief is to take care of every patient that comes to me in the most gentle way. This truth has led me to the newest technology in orthodontics.

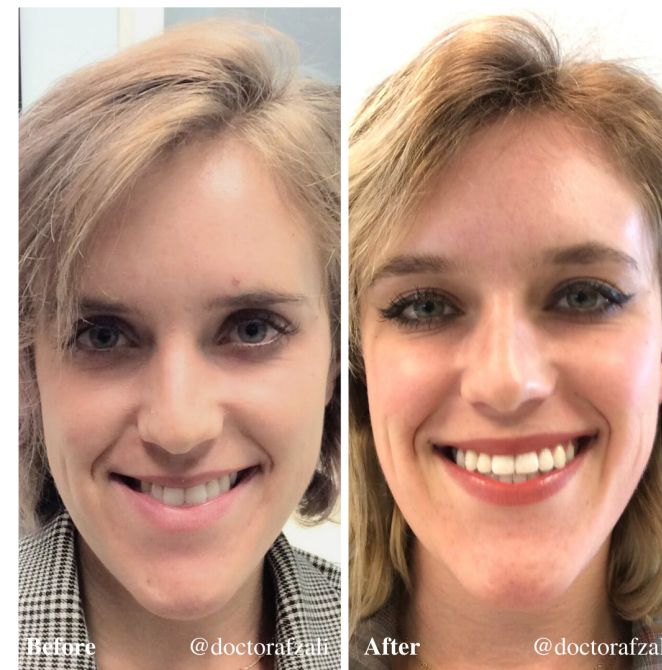
*“Dr. Afzali was the first doctor who promised and delivered on fixing my smile WITHOUT surgery. I’m in love with my new smile. Thank you! -- Kayla*

**BEFORE**

Prior to treatment, Kayla had all four bicuspids extractions, unilateral crossbite, asymmetrical underbite, insufficient premaxilla and all of her prior recommendations were to get surgery.

**AFTER**

She now has a corrected functional structure resulting in facial enhancement, lifted eyelids and the eyebrows, fuller mid-face and cheeks, correct occlusion with anterior, front teeth functioning and all without surgery!



TREATMENT TIME:  
**14 MONTHS**





**FASTBRACES®**  
**CASE STUDY**

# MARIA

**Intro by Dr. Afzali**

I am absolutely in love with this transformation!

By expanding both upper and lower jaws and creating space for teeth while straightening them, we've given our amazing patient a vibrant, confident smile. Underdeveloped jaws were once distracting from her stunning cheek, eyes, and lips. But now, with a restored foundation, arches, and palate, these beautiful facial features can truly shine!

What's truly remarkable about this non-surgical regenerative approach is the anti-aging and functional restoration it brings. It's not just about a functional mouth; it's about enhancing your overall well-being and natural beauty. Her smile is simply breathtaking!

What Maria was saying when she first came to me: **"My upper and lower teeth were severely crowded."** and **"I had a severe overbite and small jaws."** and **"My previous diagnosis called for extracting four to six teeth and wearing braces for five years."** and **"I came to you because you offered the option of non-extraction and non-surgical orthodontics."**

*"Dr. Afzali fixed my smile without extractions. I'm so happy with the result! My son is getting his braces treatment now. I would recommend it to anyone."* -- Maria

@doctor.afzali

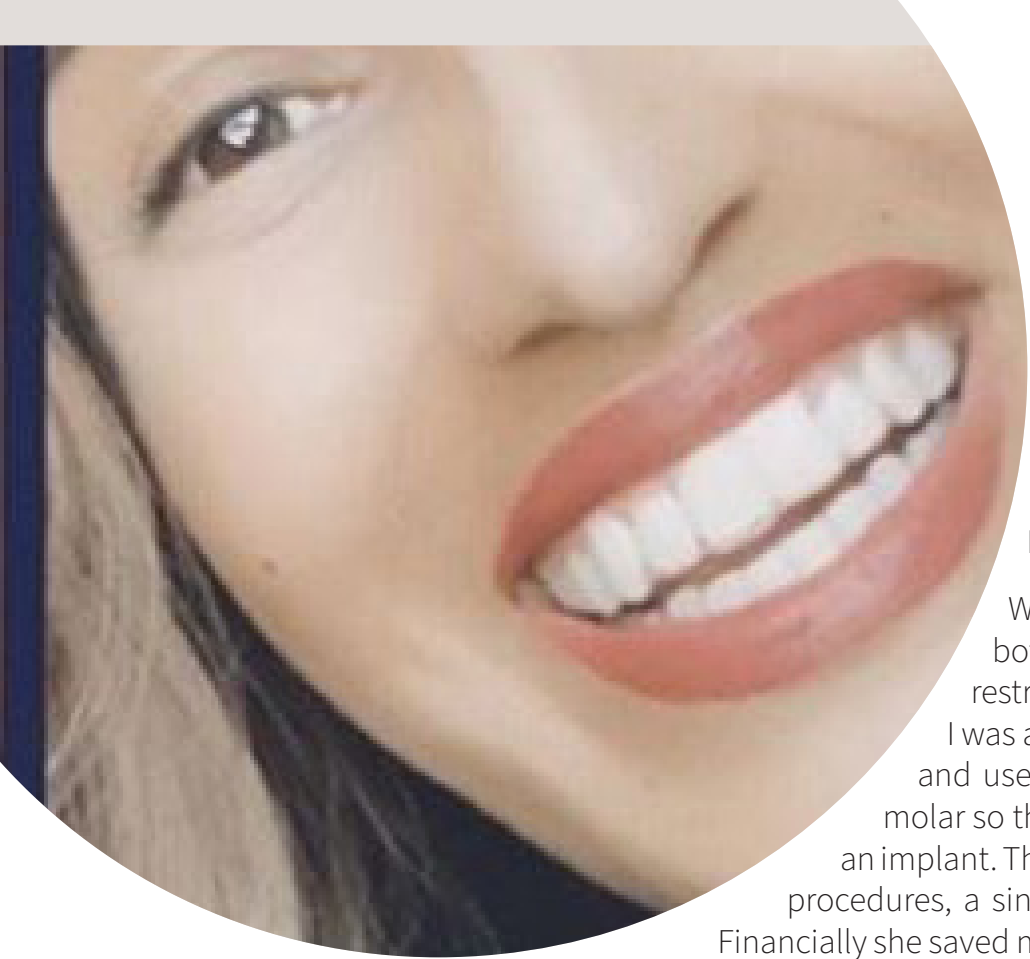
TREATMENT TIME:  
**15 MONTHS**



**What we were able to achieve with this case:**

- Fastbraces treatment completed in 15 months.
- No extractions required
- A vibrant and functional smile
- Restoring arch form and size via alveolar bone generation

www.doctorafzali.com



**FASTBRACES®  
CASE STUDY**

**ALMA**

**Intro by Dr. Afzali**

When I first met Alma, she was bothered by her crooked teeth, restricted tongue space concerns. I was able to save her wisdom tooth and use that to replace her decayed molar so that she wouldn't have to have an implant. This saved her from two surgical procedures, a sinus lift AND a dental implant.

Financially she saved more than \$5000 from this. On this case I followed my heart and passion in dentistry:

- **Interceptive Sleep Disorders**, such as snoring, Sleep Apnea handled by creating adequate space for tongue.
- **Holistic Dentistry**, no implant, but instead using patient's wisdom tooth which was supposed to be removed.
- **Gentle Side of Dentistry** which is my motto. Preventing the patient from two surgeries, a sinus lift & implant placement.
- **Human Side of Dentistry**, by being conscious about a patient's finances and delivering a great service.

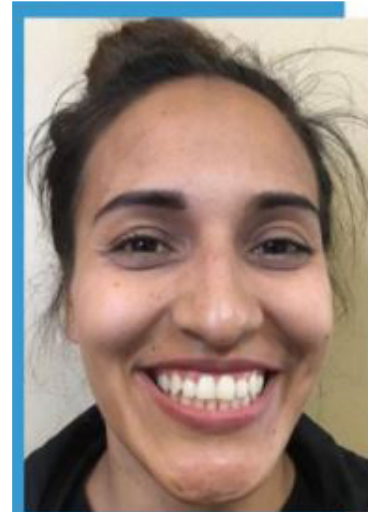
*“Dr. Afzali saved me thousands of dollars by helping me avoid expensive surgeries through her holistic approach.” -- Alma*

TREATMENT TIME:  
**9 MONTHS**



**BEFORE**

There are black triangles in the corners of the mouth and her at lower arch, and the tongue doesn't have enough space. She was scheduled to have the decayed molar and the wisdom tooth surgically removed.



**AFTER**

She now has a wide beautiful smile with no black triangles. The expansion in her upper and lower arches, not only enhances her beauty, it is also a well built foundation for a healthy and functional masticatory (jaw) and air-way system.



**FASTBRACES®  
CASE STUDY**

# JANELLE

**Intro by Dr. Afzali**

Last year, this lovely lady came to my office. She had given up on the idea of having a beautiful smile as she was told by every dentist that she had consulted with, that surgery is the only solution to her skeletal disharmony of her upper jaw. Once I examined her, I found she had a V shape palate with both vertical and horizontal bone deficiencies, resulting in her upper jaw protruding significantly (a 16 millimeter over-jet). This means that her upper teeth were 16 mm in front of her lower teeth and she had a large open gap between her upper and lower teeth.

The despair in her eyes hit me hard as she repeated, "I've been told no one can fix my teeth and I can't have orthodontic work, because I'm a tongue-thruster. They said, surgery is the only solution, but I don't want to have surgery." I gave her a warm smile, and told her, "I'd love to help you AND I can help you." I started her Orthodontic treatment in September and completed it in April the next year, with amazing results.

*"I feel as if I am a new person. I no longer need my CPAP machine to sleep at night. I lost 100 pounds, and I am thrilled with my smile."*  
-- Janelle

TREATMENT TIME:  
**8 MONTHS**



## BEFORE

- Horizontal & vertical open bite
- Front teeth not functioning
- Stiffness in the neck
- Horizontal discrepancy
- 16 mm over-jet



## AFTER

- Front teeth touching
- Front teeth functioning
- Relaxed neck
- U shaped palate
- Spaces closed
- Developed premaxilla
- Occlusion bite restored





**FASTBRACES®**  
**CASE STUDY**  
**CYRUS**

**Intro by Dr. Afzali**

I experience joy and gratitude helping my patients. However, when the only option offered to them is surgery, I feel I need to offer go above and beyond with my treatments to ensure a successful outcome.

Many of my colleagues believe I can be too optimistic when dealing with complex skeletal discrepancies, coupled with TMJ disorders.

My son was certainly one of those cases which I could see many obstacles and challenges, but I was still able to reach a great outcome.

Today I am thrilled to have not only given Cyrus a beautiful smile, but also comfortable jaw joints which no longer hurt him.

And I am so glad I could save him from facing surgery.

*“I was told by multiple doctors and surgeons that the only way to fix my underbite was surgery. Dr. Afzali, was able to fix it in under a year!” -- Cyrus*

TREATMENT TIME:  
**11 MONTHS**



**BEFORE**



Before Fastbraces treatment Cyrus:

- Had to wear headgear for years.
- Required regular chiropractic adjustments.
- Used retainers, splints and other appliances.
- Had done previous “ortho treatment” with limited results.



**AFTER**



**FASTBRACES®  
CASE STUDY**

# MICHELLE

**Intro by Dr. Afzali**

Michelle is an amazing mother, grandmother, and business owner whose life has been adversely affected by the issues with her bite. When she first came to me, she mentioned that she had been advised to have five teeth extracted and to undergo TMJ surgery.

She was struggling with sleep and experiencing pain whenever she smiled.

I assured her that I could help her regain her life and her smile. I shared success stories from other patients, giving her hope that Fastbraces could be the solution she needed. And indeed, it was!

*"I had a massive overbite and really bad TMJ pain. I couldn't chew or even smile. I snored every night. Now it's all fixed. Thanks Dr. Afzali!" -- Michelle*

@doctor.afzali

TREATMENT TIME:  
**15 MONTHS**



**BEFORE**



Before Fastbraces treatment Michelle:

- Was told she needed jaw surgery
- She had a 22 mm overbite
- Her face would hurt when she smiled
- She snored and couldn't sleep



**AFTER**

www.doctorafzali.com



**FASTBRACES®**  
**CASE STUDY**

# TERESA

**Intro by Dr. Afzali**

When I first met Teresa, she expressed her desire for a vibrant and dazzling smile that would complement her natural beauty.

Although aesthetics were her primary concern, as we progressed through her treatment, she began to appreciate the other positive benefits that were emerging.

She told me she now understands the importance of a balanced bite and realized what she had been missing in terms of eating and smiling in a beautiful and functional way.

In other words, what she achieved went beyond just a beautiful smile. Her entire facial structure transformed, allowing her to enjoy a completely functional, healthy, and beautiful smile that was visible to all.

*“Dr. Afzali, thank you again for your patience and attention throughout my treatment. I am so very happy with the results. I can’t stop smiling!” -- Teresa*

@doctor.afzali

TREATMENT TIME:  
**10 MONTHS**



**BEFORE**



Before Fastbraces treatment Teresa had:

- A bite was not balanced
- Had difficulty eating
- Didn't like her smile
- Had a bad experience with another doctor



**AFTER**

www.doctorafzali.com



**FASTBRACES®  
CASE STUDY**

# ENSI

**Intro by Dr. Afzali**

Ensi is a beautiful pharmacist, who came to my office with excruciating TMJ pain, radiating down her jaw, near her ears. Her jaw muscles were very tight, constricting her smile.

It was hard to see someone in that much pain, and she was desperate. "This pain is killing me," she said, "and I've been told I need surgery on my jaw or Botox injections in those muscles to relieve the pain, but it might come back, and I don't want surgery or a scar on my face".

I looked at her X-rays and said to my associate, "Do you see how her bite isn't aligned? That's what is causing her pain." Ensi said she was skeptical that this was the cause of her problem. She didn't want surgery and she trusted me, so she let me treat her.

Using Fastbraces, I was able to correct her bite. She reported to me that, in a matter of three or four days, the pain was gone, and it hasn't come back!

*"I feel fortunate that I met Dr. Afzali. I now sleep better, and my TMJ and migraine pain is gone. No surgery. Just using Fastbraces!" -- Ensi*

TREATMENT TIME:  
**9 MONTHS**



## BEFORE

Here you can see the discrepancy in her bite alignment -- causing the TMJ disorder.



## AFTER

You can see a major improvement in the curve of her jaw (now nice and rounded) as well as alignment of her teeth.

I have created space for her missing tooth and she has received an implant.

### BEFORE

### IN PROGRESS





**FASTBRACES®  
CASE STUDY**

# CRISTINA

**Intro by Dr. Afzali**

When I first met Christina, her main concern was the misalignment of her teeth.

After a comprehensive exam and a review of diagnostic x-rays and images, the importance of ensuring the health of her TMJ and the proper neuromuscular functions became evident.

As Cristina said: “Dr. Afzali not only took care of my teeth, but also my jaw position, the correct bite and everything else with a holistic and functional approach and, as a secondary result, it took care of the aesthetic aspect as well.”

Although the process might seem the same for most patients, I always try to gear my treatments to fit their particular perspective and provide tailored education to their specific needs.

It’s always the greatest reward to see my patients happy and content with their results.

*“Dr. Afzali lives, breathes and sleeps to help her patients and it really shows through her care and going the extra mile to ensure things are done the RIGHT way! -- Cristina*

@doctor.afzali

TREATMENT TIME:  
**9 MONTHS**



**BEFORE**

Cristina had misaligned teeth, rotated and non-functional canines and a constricted upper jaw resulting in black triangles at the corner of her lips when she smiled.



**AFTER**

The expansion of her upper jaw, created a wide and beautiful smile that is now fully functional and aesthetic.



www.doctorafzali.com



**FASTBRACES®  
CASE STUDY**

# CRYSTAL

**Intro by Dr. Afzali**

Meet our beautiful patient, Crystal, whose journey was as exceptional as her smile.

She came to me with a 100% overlap of her upper bicuspid and an extra lower right lateral. Her tongue thrust had made her believe braces were impossible.

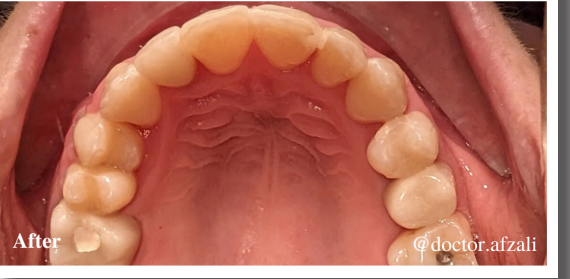
But here's the magic of our non-extraction orthodontic technique, we saved her displaced upper left premolar, resolved the open bite, expanded her upper jaw -- All without extraction of the extra lateral which would be reducing her lower arch!

As a result, she no longer experiences the tongue thrust for stability, creating 30mm in length and 20mm in width in her pre-maxilla.

My greatest joy in life is delivering results that our patients once thought were impossible. I believe in the power of transformation, and we're here to make your dream smile a reality.

*"I'm so glad I didn't have to extract multiple teeth. I've now fixed my open bite and closing my mouth is a lot easier, also my tongue doesn't stick out. Thanks!" -- Crystal*

TREATMENT TIME:  
**16 MONTHS**





# FASTBRACES® CASE STUDY NATHANIEL

TREATMENT TIME:  
**9 MONTHS** 

### Intro by Dr. Afzali

A Jaw-Dropping Transformation!

Meet our dashing young patient, Nathaniel, who believed that jaw surgery was the only way to fix his deep underbite and deficient premaxilla. The idea seemed convincing, but we had a different plan in mind! For sure No Surgery being part of it as Jaw surgery is far from an ideal experience.

*“Dr. Afzali fixed my bite with Fastbraces, even though it was supposed to be a surgical case. Now my teeth are straight, and my smile feels more confident.”*  
-- Nathaniel

I assured my patient that surgery was not necessary and made a promise to deliver results in just eight months.

The outcome? Not only did we correct the underbite that gave my patient a confident smile, but we also elevated the vertical dimension of his bite, resulting in a remarkable improvement in his facial profile!

This stunning transformation just proves that sometimes, alternatives to surgery can be just as effective and life-changing. It’s all about finding the right approach for each unique case.





**FASTBRACES®  
CASE STUDY**

# BRIANNA

**Intro by Dr. Afzali**

I love this transformation!

This incredible young lady came to see me when she was told she needed double jaw surgery and five years of braces. She said, “They want to break my jaw and I needed braces for 5 years.”

But guess what? We turned her world around! We didn’t just transform her smile; we transformed her life!

In this Orthognathic surgery case, we worked our magic. No need for invasive surgery, and say goodbye to those five years of braces! We did this by expanding her upper jaw, resetting the jaw relation, and introducing Myofunctional Therapy, all using FASTBRACES.

The result? A fully functioning, restored smile in just 16 months (NOT 5 years)!

Orthognathic surgery and extended periods of braces can be a daunting prospect for many individuals, but it’s reassuring to know that alternatives and innovative, holistic approaches are available.

*“I have a stronger contact on my bite. I can chew things I wasn’t able to before. Dr. Afzali and her team made the process so easy.” -- Brianna*

@doctor.afzali

TREATMENT TIME:  
**15 MONTHS**



www.doctorafzali.com



**FASTBRACES®  
CASE STUDY**

# BROOKE

**Intro by Dr. Afzali**

I get a lot of joy out of my profession, and helping this beautiful intelligent patient was certainly a joyful experience for me.

The main point in this case was to close the spaces between teeth without reducing the arch space or inward inclination of the teeth.

And we were successful in that regard.

*I had a lot of gaps between my teeth, now I'm glad my teeth look perfect. Dr. Afzali is really nice. She was always so patient and kind. She is very hard working and efficient.*

-- Brooke

TREATMENT TIME:  
**8 MONTHS**



## BEFORE

- Spaces in both upper and lower arch
- unerupted teeth contributing to interproximal (in-between) spaces and unbalanced bite
- Maintaining the ideal arch size while closing the spaces between teeth, is challenging for young patients where their jaw is still growing.

## AFTER

- Spaces successfully closed
- A balanced bite was obtained
- maintained the size of the upper and lower arches
- Maintained a natural and healthy smile by straight teeth





**FASTBRACES®  
CASE STUDY**

# JASON

### Intro by Dr. Afzali

This remarkable transformation features Jason, who came to us with a smile that needed help.

Traditional orthodontics suggested a long and arduous process, but with Fastbraces, we reimagined the journey from what would have been years, to months!

The before pictures show the challenge, but the after photos—just a short while later—tell a story of success.

In our care, Jason’s smile was not only straightened but revitalized, all within a fraction of the usual time.

No lengthy braces, just swift, effective treatment and a confident, radiant smile as the result!

*“Dr. Afzali, thank you so much for everything you’ve done for me. I have a perfect smile now.” -- Jason*

TREATMENT TIME:  
**10 MONTHS**





**FASTBRACES®  
CASE STUDY**

**LISA**

**Intro by Dr. Afzali**

From Severely Crooked teeth to Perfectly Straight in Just 140 Days!

In just 140 days, we turned the tables for our incredible patient, going from severely crooked teeth to an absolutely stunning, straight smile.

This isn't just about aesthetics; it's about restoring what seemed lost. We brought back some of the alveolar bone and improved the gingival height in key areas.

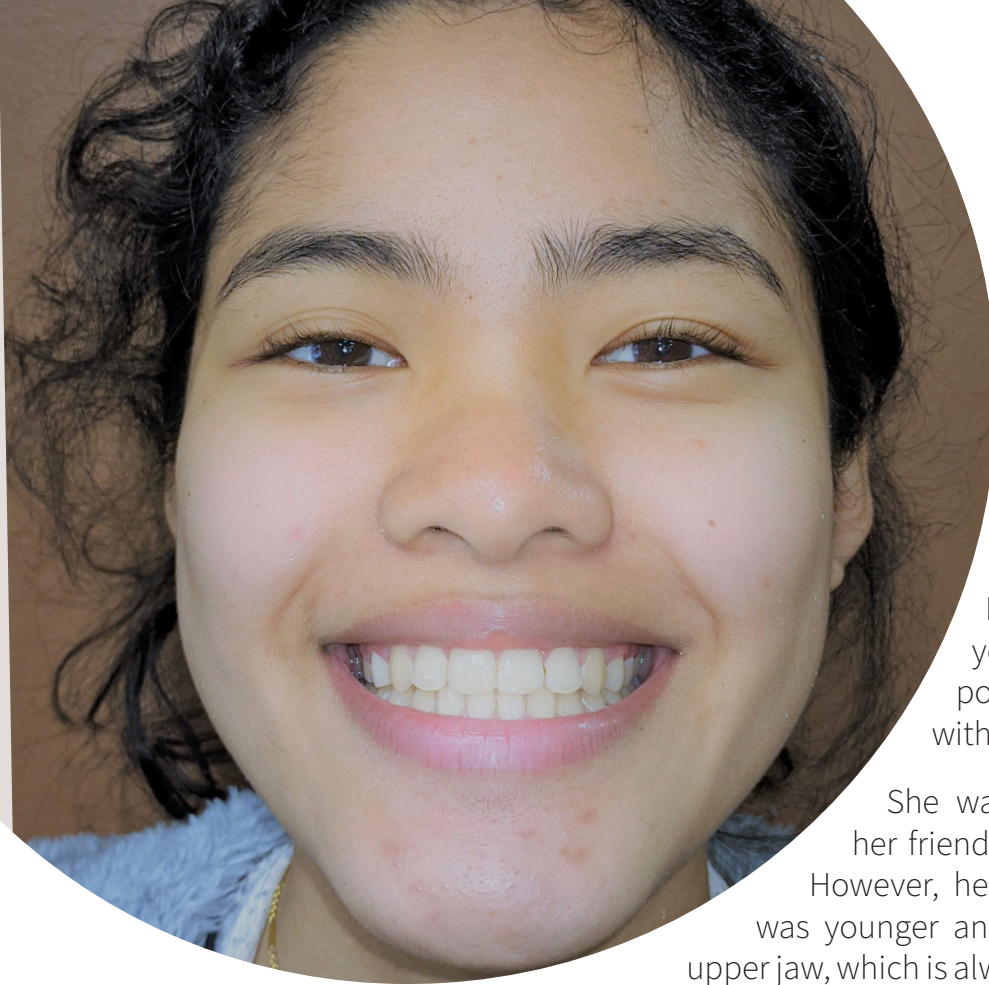
Even in the face of horizontal bone loss, this beautiful patient of ours was bracing for potential tooth loss. However, thanks to restoring the function of Fastbraces and straightening beautiful teeth, her journey took a remarkable turn!

It's proof that with the right treatment, good things can happen, and you don't have to take the path you once thought was inevitable.

*"Thank you Dr. Afzali for your work on my smile!" -- Lisa*

TREATMENT TIME:  
**5 MONTHS**





**FASTBRACES®  
CASE STUDY**

# GLOSSY

**Intro by Dr. Afzali**

I really enjoyed helping this young lady. She is smart, has poise and is easy to communicate with.

She was referred to me by one of her friends who also had an underbite. However, her situation was different, she was younger and there was crowding in her upper jaw, which is always desirable in the treatment of a class III underbite case. We had a candid conversation. We started the treatment based on mutual understandings. She did not want to have double-jaw surgery or any surgery for that matter.

I shared my case analysis and she understood that the skeletal aspect of the case the protruded dominant chin will not be resolved by restoration of the underbite and a class I canine relation. This was an interesting case as I expanded/modified both arched while resolving the underbite. My patient and her parents are thrilled by avoiding surgery.

*"I love my new smile!  
Thank you Dr. Afzali.  
-- Glossy*

TREATMENT TIME:  
**10 MONTHS**



## BEFORE

Glossy had class III dental and skeletal and was bothered by her underbite. In fact double jaw surgery had been previously recommended, which she didn't want.



## AFTER

We restored the class I canine relation, and anterior function, and corrected to a normal overjet. This met the met patient's expectation while avoiding surgery.



**FASTBRACES®**

**CASE STUDY**

# RUBY

## Intro by Dr. Afzali

This patient of mine is a charming 24 year old lady who wanted to straighten her teeth. After our initial consultation where I explained the reason for her crooked teeth, she was on-board and ready to start!

I treated this case without extractions because my focus was on arch development. However, it could have been done with limited, selective extractions, while still maintaining healthy and non-constricted arches.

The lip enhancement is very noticeable in this case and I can imagine this kind of change is desirable for many.

The challenges on this case:

- Severe crowding
- Malformed palate
- Malformed lower jaw
- Out of arch canine positions

The achievements on this case:

- Non-extraction orthodontics
- Expansion of the arches
- Providing space for optimum tongue function
- Lips enhancement

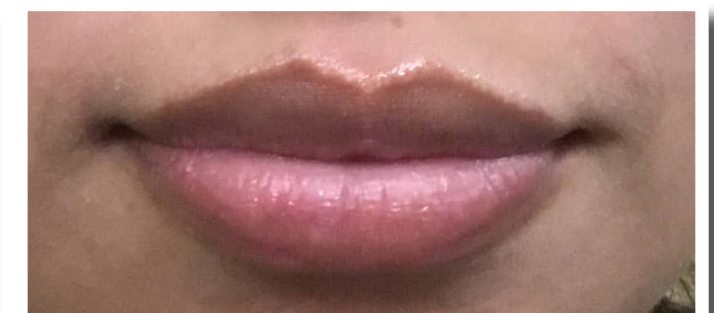
TREATMENT TIME:  
**15 MONTHS**



**BEFORE**



**AFTER**



**FASTBRACES®**

**CASE STUDY**

# RHIANNA

## Intro by Dr. Afzali

When I first saw this patient, she was challenged by a non-responsive and unimproving periodontal condition. The “before” pictures you see here were taken AFTER full-mouth scaling and root planing, antimicrobial irrigations, soft tissue laser treatment, and a diligent home care regimen.

Orthodontosis is the non-inflammatory deficiency of the alveolar bone in the horizontal dimension caused by the displaced root(s) of the tooth, typically palatally or lingually. This results in excess soft tissue and chronic inflammation called Orthodontitis. Once the root is upright, the alveolar bone is restored and the orthodontitis (the gingivitis from malpositioned teeth) is alleviated.

Fortunately, FASTBRACES upright the root from the beginning of treatment and this gave me a great advantage in managing the severity of the periodontal disease in this case. And the outcome was successful. Specifically, the restoration of the alveolar bone was the game-changer in restoring my patient’s periodontal health.

This case study supports the concept of orthodontosis and orthodontitis, a new dental disease defined by doctors Anthony Viazis, Evangelos Viazis and Tom C. Pagonis, as published in the Journal of Dental Health, Oral Disorders & Therapy Volume I Issue 5-2014.

TREATMENT TIME:  
**15 MONTHS**



**BEFORE**



**AFTER**



**FASTBRACES®**

**CASE STUDY**

# DEBANTI

## Intro by Dr. Afzali

When I first met this young lady, a vibrant 16 year-old, she told me she was bothered with her underbite, and did not want to have surgery.

I was able to give her comfort in that there was no need for surgery. In fact, it was a straightforward case from the standpoint of expansion of the upper jaw, which adequately addressed the sagittal.

After a slight delay, due to the pandemic, we were able to move ahead quickly. Her active treatment time was only eight months and we very likely could have gotten her done in six months under normal circumstances.

*“I am so happy and relieved that Dr. Afzali could do this for me without surgery or extractions. I love my new smile!” -- Debanti*

TREATMENT TIME:  
**8 MONTHS**



**BEFORE**



**AFTER**



- Underdeveloped maxilla with severe premaxilla deficiency
- Asymmetrical upper and lower jaws
- Severe underbite

- An expanded symmetrical smile
- Developed maxilla
- Elimination of the black triangles in the corner of the mouth
- A non-extraction and non-surgical treatment

**FASTBRACES®**

**CASE STUDY**

# MICHELLE

## Intro by Dr. Afzali

This beautiful fourteen year-old patient just wanted to have her teeth straightened -- she told me so when we first met.

As I was explaining to her what an ideal bite and arch form is, she quickly realized that this was the foundation of a vibrant and attractive smile and she decided to get started right away.

Her treatment was completed in four months. We could have finished it in 90 days, but the pandemic caused some delays.

### The corrections needed in this case:

- Lack of canine guidance and anterior function
- Rotated upper canine
- V form pointy palate
- Mild crowding in the lower anteriors/ front teeth

### What we were able to achieve:

- Restoration of anterior guidance and function
- Upper arch remodeling and expanded arch
- Lower arch remodeling
- Wide vibrant smile

TREATMENT TIME:  
**4 MONTHS**



## BEFORE



## AFTER



**FASTBRACES®**

**CASE STUDY**

# SHEILA

## Intro by Dr. Afzali

When I first met this wonderful patient of mine in our Lake Forest office, she was suffering from TMJ pain and an underbite. Additionally, she had difficulty hearing and speaking, which made her hard to understand. She'd seen other orthodontists, and they all recommended surgery, which she didn't want to do.

After I evaluated her and let her know I could help her without surgery, she was fully on-board. In just three months from the start of treatment, there was major improvement in her TMJ symptoms and, after five months of treatment, she no longer had any problems with her TMJ. She was able to articulate better, and she told me her sister said she could understand her much better when they spoke on the phone. She also started to see improvement in her hearing and, by the end of her treatment, she was able to hear well. I feel tremendous satisfaction to have had the opportunity to help this beautiful individual.

From a technical perspective, the key point in this case was to reestablish the position of the upper and lower jaws. After restoring the occlusion into a functional bite, I knew we were close to healing the TMJ. The improvement in hearing was a fortunate side-effect of the treatment.

*"I regained my hearing and ability to talk better, and my severe pain in my jaw joints went away." -- Sheila*

TREATMENT TIME:  
**20 MONTHS**



## BEFORE

- Suffering from major TMJ pain
- Severe underbite
- Hard of hearing and difficulty articulating words which made her hard to understand
- All prior diagnosis and recommendations were jaw surgery



## AFTER

- Complete resolution of the TMJ and now free of TMJ symptoms
- Restored a healthy and functional bite
- Restored hearing and speech, can articulate words well so it is now easy to understand her



# REAL PEOPLE, REAL STORIES

In addition to those you've seen so far, Dr. Afzali has helped hundreds of other patients. What was their experience? Did they achieve desirable results? Hear it from them!

“ I came here with headaches, migraines and dizziness. I went to several other doctors, but only when I came to Dr. Afzali was I able to handle it. -- **Emily R.**

Dr. Afzali was the first doctor who promised and delivered on fixing my smile without surgery. I'm beyond thankful that she and her team put in so much work on a difficult case. I'm in love with my new smile. -- **Kayla K.**

Dr. Afzali did a fine job. I used to have pain at night on both sides of my jaw and it would be popping a lot. Now I don't have that anymore and the pain is gone. I can feel they're more aligned and I don't have that large overbite anymore. -- **Herminio**

I was nervous and somewhat embarrassed about getting braces as a 37 year-old woman, but Dr. Afzali made me feel at ease and was clearly so knowledgeable about her work! -- **Jewel C.**

My treatment time has been very short with noticeable results. This was an important factor for me while I was considering getting braces. Fastbracs are working very well. The office is very clean and organized. I highly recommend Lifetime Dental and Doctor Afzali. -- **Mitch F.**

I was so concerned about getting braces. I am not any more. Doctor Afzali is knowledgeable, super nice and caring. I also did my oral surgery, removing my wisdom teeth before getting my braces. Highly recommended! -- **Niki A.**

I love Dr. Afzali! She has been nothing but kind and caring. I recently had "Fast Braces" put on, so I am there quite often. Each visit has been a pleasant experience. The staff is great from the front desk to the hygienist. There has never been a long wait, so they respect your time. I was having some pain with my braces, because I clench and grind my teeth at night. Dr. Afzali literally MacGyvered something together for me, right then and there and it worked perfectly. She's a genius! -- **DJ A.**

Dr. Afzali is always so kind and attentive to my needs. She went over and beyond to ensure that I had a great experience with my ClearCorrect treatment. -- **Dacey B.**

Doctor Afzali helped me with my pain and she also did something else that I have not experienced previously. She gave me the hope that I can again have a healthy mouth which will not hurt and can smile again. I truly saw genuine care and passion in Dr. Afzali. I love my smile now, and have been getting auditions. I can say her care and help changed my life. -- **Maria M.**

Dr. Afzali is so sweet. Every time we come in she asks about my family and greets my son. She has a warm spirit. In terms of my Fastbraces, I had a gap in my front teeth when I started and now, 4 months later, there's no gap! -- **Katan**

”

## CONTINUED...

“ My two front teeth were overlapping and my other teeth were kind of scattered. My teeth are now straighter, it didn't take that long, and it wasn't a painful experience at all. -- **Matthew**

Some of my friends had braces for 2-3 years. Mine took 4-5 months. So if you don't want to go through the traditional long-haul braces do this. My teeth look great now. Very straight. And because the process was so fast, I didn't have any year-book pictures with braces on. -- **Chris**

Dr. Afzali is very gentle and caring. She explained everything to me in a way that my fear didn't exist anymore. I could see that she really was interested in helping me put the priorities first and giving me a solution. -- **Susan S.**

I'm a long time patient of Dr. Afzali and she has been taking care of my dental health outrageously. She's not only professional but also very compassionate. We all know how expensive ortho is, but because she wants to help, she has given me reasonable accommodation considering my situation.-- **Arlene C.**

Dr. Afzali is extremely knowledgeable and experienced in handling many different levels of complicated dental orthodontic and mouth reconstructive resolutions. I was very impressed by her care and felt completely comfortable and confident that she could help me. She is truly a gem and I highly recommend her. -- **Cristina B.**

I love working with Dr. Afzali. She is very polite and gentle and explains everything thoroughly. She goes above and beyond to help her patients. -- **Lady I.**

I saw Doctor Afzali, she is very knowledgeable, patient and kind. She helped me understand some of the very long term issues I had dealt with my bite and TMJ, which I was never aware were of the root cause. I went for a second opinion consult and decided to stay for my entire treatment, including FASTBRACES. -- **Tony E.**

I had been told at another facility that braces treatment for my case would take 3-4 years. When I came here Dr. Afzali explained Fastbraces and that it could be done in 1 year. Now I'm 10 months in and everything is straight and I'm about to get the braces removed. I've noticed an improvement in mastication (eating) so it's also functional. -- **Christopher**

”

**WATCH ALL DR. AFZALI'S  
PATIENT TESTIMONIALS  
SCAN QR CODE:**



# TREATMENTS

Dr. Afzali offers a variety of holistic orthodontic therapies. No matter your age, or case, she can help.



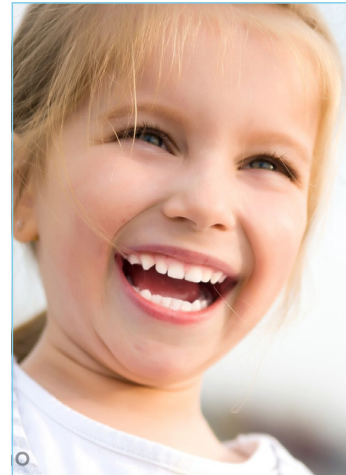
## FASTBRACES

Welcome to the future of braces technology! Treatment time for non-surgical comprehensive orthodontic therapy could take less than 120 days with FASTBRACES, depending on the case.



## CLEAR CORRECT

ClearCorrect, also known as clear-aligner treatment, uses orthodontic devices that are a transparent, plastic form of dental braces used to adjust teeth.



## HEALTHY START

The HealthyStart System is a removable oral appliance therapy for children that promotes natural growth & development, addressing the root causes of SDB (Sleep Disordered Breathing).

# CONTACT

Doctor Afzali is the Founder and Clinical Director of Lifetime Dental. She currently has 4 dental practices. Choose which one is closest to you and schedule your visit today!



## LAKE FOREST

949-581-8108  
23731 El Toro Rd, Ste D,  
Lake Forest, CA 92630  
[www.alifetimedental.com](http://www.alifetimedental.com)



## SAN BERNARDINO

909-881-3336  
1918 Business Center Dr Suite 210  
San Bernardino, CA 92408  
[www.lifetimedentalsanbernardino.com](http://www.lifetimedentalsanbernardino.com)



## RANCHO CUCAMONGA

909-944-7308  
7365 Carnelian Street Suite 135  
Rancho Cucamonga, CA 91730  
[www.lifetimedentalranhocucamonga.com](http://www.lifetimedentalranhocucamonga.com)




## RIVERSIDE

951-788-4500  
4151 Brockton Ave  
Riverside, CA 92501  
[www.lifetimedentalriverside.com](http://www.lifetimedentalriverside.com)

CONNECT WITH  
DR. AFZALI



↑ Scan QR Code ↑



*“For measure  
and symmetry are  
beauty and virtue  
all the world over.”*

- SOCRATES